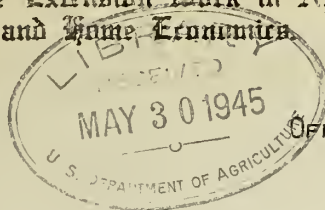


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ReserveCooperative Extension Work in Agriculture
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AND STATE AGRICULTURAL COLLEGES
COOPERATING.STATES RELATIONS SERVICE,
OFFICE OF EXTENSION WORK, SOUTH.
FARMERS' COOPERATIVE DEMONSTRATION WORK.
Washington, D. C.

CANNING CLUB CAP AND APRON.

Sewing is an important part of the program for each of the four year's work planned for canning club members. The first sewing done by Club members should consist of cup towels and holders for use in public demonstrations. These articles should be made by the first year girls before the cap and apron are undertaken. When canning in groups it will be an advantage for each girl to have her initial very neatly outlined in one corner of her towels. The holders should have washable covers, which can be easily removed and kept clean. These covers may be buttoned on or have the lap tied with narrow tape.

THE CAP.

MATERIAL. Let the brim be white, made of plain lawn of medium weight or better still of light weight linen. Make the crown of thinner material, like dotted Swiss. It will take a piece 18 in. long and 16 in. wide for the crown and two pieces 10 in. long and 22 in. wide for the brim. The brim is rolled back half its width when finished and, in order to hold its shape when starched, is made double.

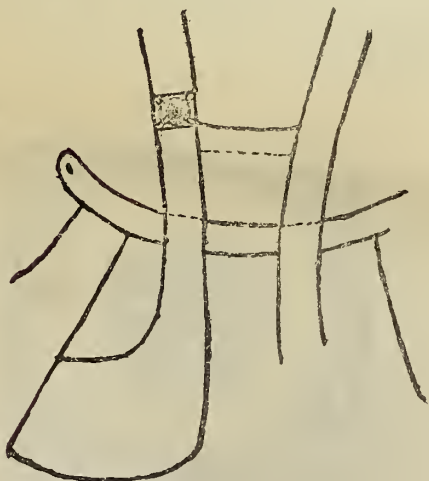


CUTTING. Cut the brim like the pattern given, laying the front end of pattern on fold of goods so that the only seam is at the back. Two pieces alike are needed for each brim. Cut the crown almost circular, 16 in. in diameter from left to right and 18 in. in diameter from back to front.

MAKING. Place the two pieces of the brim together, wrong side out, and baste around the outer edge. Then stitch $\frac{1}{8}$ inch from this edge. Now, turn the brim right side out, creasing the edge well. Stitch again $\frac{1}{8}$ inch from the outside edge. Gather the crown in fourths. Place outside edge of crown against inside edge of brim. Baste these two edges together, allowing a few more gathers at front and back than at sides. Now, turn the folded outside edge of brim over these two raw edges and baste carefully. Stitch $\frac{1}{8}$ inch from edge so as to hold securely. Place the emblem on the left point.

THE APRON.

MATERIAL. Light weight white percale or any other medium weight white material will do. About three yards of 36 in. material will be needed.



CUTTING. Cut the apron by a gored pattern, having front panel twice as wide as each side. It should give protection to the entire dress. Cut the belt and shoulder straps double and to be 2 in. wide when finished. Cut a bib $7\frac{1}{2}$ in. long, 6 in. wide at top, and 4 in. wide at belt. Cut pockets like the pattern given.

MAKING. Face the curved opening of each pocket and stitch twice, on edge and $\frac{1}{8}$ in. within. Baste the pockets on the front gore so that the short side edge will be sewed in with side seam, and the top edge

will reach the top of the belt. Fold under the opposite edge of each pocket $\frac{1}{2}$ in. and stitch it onto the front gore, using two rows of stitching $\frac{1}{2}$ inch apart. Sew the shoulder straps to the top of the pockets, leaving the outer edges of the two loose from the belt, giving the effect of the pocket and strap being cut in one piece. Let the belt pass under this strap. Fasten the belt with button and button hole. Let the strap cross in the back and fasten to belt in the same manner, having the button hole in the belt and button on strap so as to change strap length when necessary. French seams should be used on the skirt. The hem at bottom should be 2 in. wide. Place the emblem on the left strap, the lower line at top of bib.

Aprons for the younger girls may have a gathered skirt. For them the cap circle and brim may be cut smaller. The inside edge of brim should be the size of the head.

THE EMBLEMS.

MATERIAL. If the cap brim and apron are made of linen, embroider the design directly on them. If not, select a coarse thread linen, cutting the piece for cap emblem $3\frac{1}{2}$ in. square and the piece for apron emblem 3 in. square, to be appliqued to the brim and shoulder strap when finished. Use a twisted mercerized thread in two shades of blue and one shade of red. About five yards of darker blue, four yards of lighter blue and one yard of red are enough to embroider one set of emblems.

Since the cap and apron are worn in public demonstrations and meetings, they should be as attractive as possible and uniform throughout the county. For this reason white material is desirable. To embroider the emblem on the cap brim and apron strap will enhance their value and give opportunity for teaching some simple embroidery.



CAP EMBLEM. Use outline stitch for making the square, circles and letters, using a medium shade of dull blue; make the periods in French knots. After the letters are outlined, fill in the space between the circles with a seed stitch in lighter blue. This is simply a very small basting stitch. To make it effectively, let the needle pass over two threads, then under two, repeating. These stitches may cross the design, being horizontal or follow the outlines around the circle. This will make the letters stand out more plainly. Outline the tomato in red. Fill in the solid part with the same seed stitch in red, letting the stitches take the same direction as those within the circle. The design made in this way will be flat,

thus being very pretty and easily laundered. If desired, the tomato stem may be worked in green.

APRON DESIGN. Outline the square, four H's, circle and clover leaf in the way described in cap design, using the darker shade of blue. Fill in the inside clover with the seed stitch in the lighter blue.



PATTERNS. Information in regard to the apron pattern and transfer patterns for emblems can be secured from your county agent.

SINCERELY YOURS,

MARY E. CRESWELL,
OLA POWELL,

ASSISTANTS IN HOME DEMONSTRATION WORK.

